

– COULONGES MARKET –

← **WALK ON THE LEFT**

PEDAL ON THE RIGHT →

brake levers on French bikes are opposite to those on bikes in left-hand drive countries
 ← **FRONT BRAKE LEVER** IN FRANCE, REMEMBER **REAR BRAKE LEVER** →

Route Notes *the route is not waymarked*

37km/22miles

The market at Coulonges-sur-l'Autize is a local produce market frequented by local inhabitants who prefer to purchase food from producers they know. The market takes place on Tuesday mornings starting before 08:00 hrs. It starts to close at noon. By 13:00hrs there is no sign that a market has taken place that morning.

Le Moulin du Chemin to Coulonges-sur-l'Autize 16km/9miles/1½hrs

*The outward route passes the villages of **la Chapelle-Thireuil** and **St Laurs**, en route to **Coulonges-sur-l'Autize***

1. Start up the *chemin* beside le Moulin (turn right, from the garden gate) – some cyclists prefer to walk up the initial incline before cycling to the **t-junction** just past l'Aubrière (aka Loubrière) **0.5km**
2. Left at l'Aubrière t-junction and up the hill to the **t-junction** on the **D128** Scillé-le Beugnon road. There are no signposts at this junction (except back to le Moulin) **0.6km**
3. **Right** on D128 to the **first left turn** at the crucifix, onto the C1 **0.2km**
4. **Left** on C1 to the village of **la Chapelle-Thireuil**, passing straight on at the church **4.8km**
5. **Straight on** after the church at la Chapelle-Thireuil following signs to **St-Laurs** (unclassified road) to the cross-roads with the D129 (the church of St Laurent is opposite on the right) **4.7km**
6. **Straight on** across the **D129** (unclassified road, joining the D25 after 1.7km) to **Coulonge-sur-l'Autize** **5.2km**